Group Play Therapy for Children and Adolescents

Wednesday December 10, 2014

9:30 a.m. to 12:45 p.m.

Presented by Julie Nash, Ph.D., RPT-S

Sponsored by:

Riverside Psychological Associates, LLC
7 Spring Street
Middletown, CT 06457
(860) 344-9558
www.drjulienash.com

Play therapy is an effective modality for treating children and adolescents, as is group therapy. This workshop will introduce participants to integrating the two and ways to form and run effective play therapy groups. Group dynamics, roles of the therapist, setting up the group, and interventions will be discussed for a variety of common presenting issues including mood, anxiety, and attention issues.

Learning Objectives

Upon completion of this workshop, participants will be able to:

1. Identify at least 3 specific benefits to utilizing group play therapy compared to individual therapy.
2. Identify at least 2 common pitfalls of group play therapy and ways to overcome those.
3. Identify at least 5 important factors to consider when setting up groups.
4. Describe at least 5 interventions suitable for group play therapy.
About the Presenter: Julie Nash, Ph.D., RPT-S

Dr. Nash is a licensed clinical psychologist and registered play therapist-supervisor. She obtained her Ph.D. at Fairleigh Dickinson University in New Jersey and completed her internship and postdoctoral residency at the Institute of Living in Hartford, CT. Dr. Nash is the author of multiple book chapters on the development of social skills and using play therapy to treat social skills deficits, as well as introductions to play therapy and working with preschool children. She has presented at national and international conferences on play therapy and has been trained in using Trauma-Focused Cognitive Behavioral Therapy to work with children facing the results of a variety of traumas. The former Foster Care Clinic Coordinator and Training Director of the postdoctoral residency at a multi-site community health center, Dr. Nash is now in private practice and teaching graduate level classes in psychology and human services. Dr. Nash is the owner of Riverside Psychological Associates, LLC in Middletown, CT where she provides individual and family therapy sessions for people across the age range.

Registration

Three ways to register: Visit our website at www.drjulienash.com, contact Dr. Nash directly by phone (860-344-9558) or email (Julie@drjulienash.com).

Program Schedule

Registration: 9:00 a.m. – 9:30 a.m.
Program runs 9:30 a.m.-12:45 p.m.
Morning break: 10:45 a.m. – 11:00 a.m.

Participants

This workshop is appropriate for psychologists, social workers, psychiatrists, counselors, school counselors, and other mental health professionals who hold at least a master’s degree in a counseling related field. Maximum enrollment is 10 participants.

Fees; Cancellation and Refund Policy

The cost for this workshop is $100 and can be paid in cash, by check, or by credit card (either on site or prior to the training). $25 of this fee is nonrefundable. Registration will be taken on a first come, first served basis and is limited to ten participants per session. Written requests for cancellation will be accepted up to three weeks prior to the workshop, and will receive a $75 refund. Cancellations after three weeks prior to the workshop will receive a $50 refund.

Continuing Education

3 hours of continuing education credits will be offered. Partial credit cannot be given. Participants must be present for the entire workshop to receive credits. Application is pending for 3 Continuing Education Credit Hours by the National Association of Social Workers, CT and meets the continuing education criteria for Social Work Licensure renewal. Riverside Psychological Associates, LLC is a Continuing Education Provider for the Association for Play Therapy; APT Approved Provider # 14-380. For more information on APT or Play Therapy see www.a4pt.org.

Special Needs

If you have special needs, please inform Riverside Psychological Associates, LLC prior to registration.